

Monthly Income/Expense Worksheet

Monthly Income*:

Source of income	Amount (\$)
Personal Income (after taxes)	\$
Assistance Income	+\$
Other Income (alimony, child support, SSI/Disability, etc...)	+\$
Food Stamps	+\$
TOTAL MONTHLY INCOME	\$

Monthly Expenses:

Rent or Mortgage, Insurance & Taxes	\$
Food	\$
Household Supplies (TP, Shampoo, etc.)	\$
Current Car Expenses (car insurance, gas, maintenance)	\$
Current Car Payment	\$
Telephone/Cell Phone	\$
Electric: _____	\$
Cooking and/or Heating fuel: _____	\$
Cable/Internet/streaming services (Netflix, Hulu, etc.)	\$
Laundry	\$
Child Care	\$
Personal Needs (work uniforms, haircuts, etc.)	\$
Clothing	\$
Medical Expenses (bills, insurance, prescriptions)	\$
Credit card payment(s) CC Balance(s): _____	\$
Debts: _____	\$
Pets	\$
Other Expenses: _____	\$
TOTAL MONTHLY EXPENSES	\$

*If you are paid by the week, multiply your weekly income by 4.3 to get monthly income. If income is from employment, use **net pay** (amount left after taxes & deductions).

If income is from TANF (Temporary Aid for Needy Families), think about when TANF benefits end so the payment agreement does not assume this income is available when it has actually ended.

\$ _____ **TOTAL MONTHLY INCOME**

-\$ (_____) **(minus) TOTAL MONTHLY EXPENSES**

= \$ _____ **(equals) REMAINING INCOME**